

Hormonal imbalances can affect anyone, at any stage of life.

HORMONE HEALTH IS EMPLOYEE HEALTH

For centuries, symptoms of hormone imbalances have been underdiagnosed and under-treated. Science&Humans is here to change that.

We support organizations to:

- Stay ahead of the changing benefits landscape
- Bridge the gap in current offerings
- Demonstrate commitment to employees' holistic health



Millions of Canadians' health needs are still being overlooked in the employee wellness space

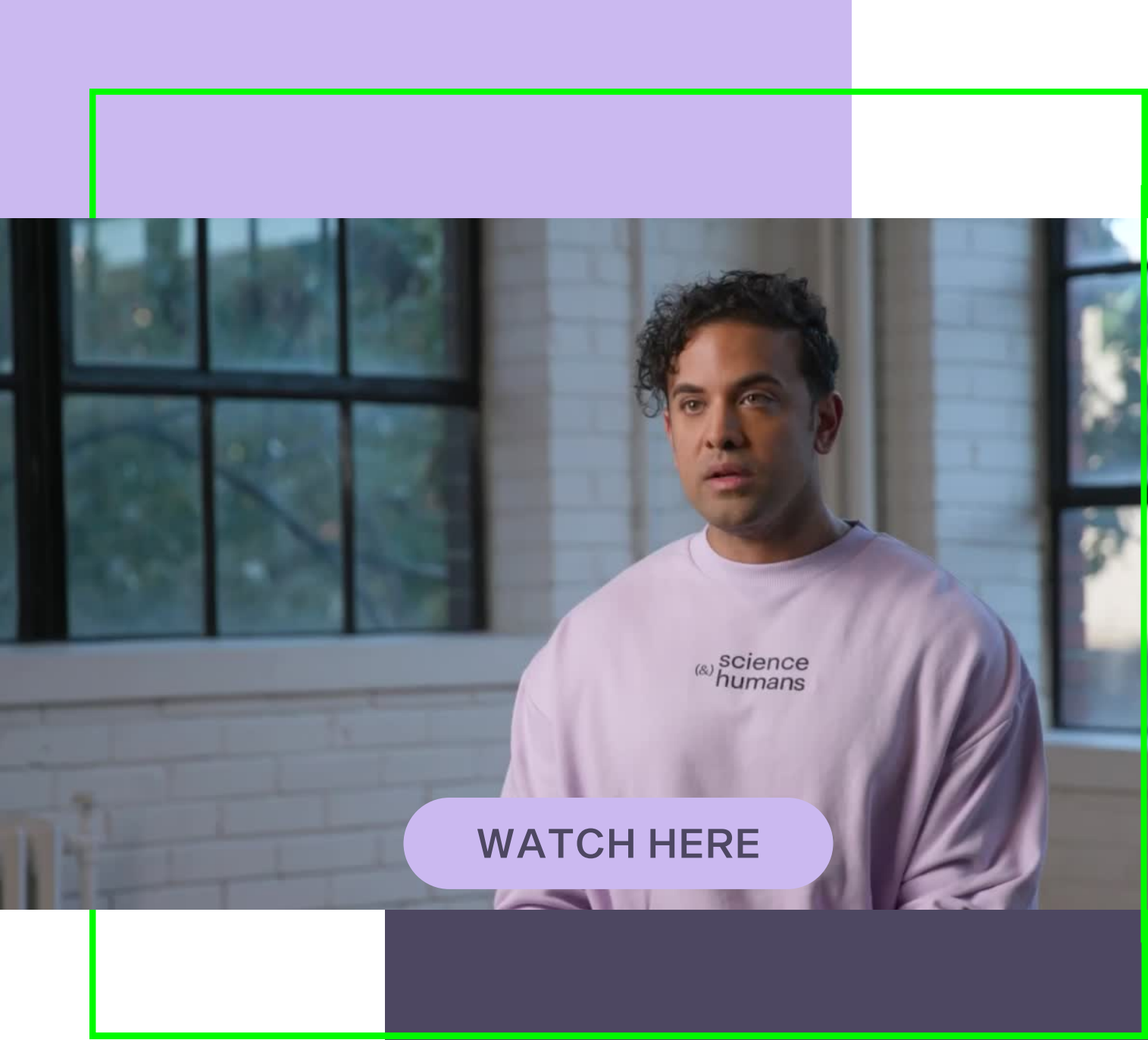


Those who are:

- entering **menopause** and dealing with hot flashes, mood swings, bone fragility, and irregular periods
- in their reproductive ages who may be unknowingly suffering from **fertility-impacting conditions** such as PCOS and PMDD
- going through **andropause** and suffering from poor concentration, lack of energy and insomnia
- **struggling** with weight gain, extreme fatigue, muscle loss, brain fog, hair loss, and low libido

This document outlines the problem employees face today, presents the solution, and highlights key statistics supporting the benefits of an Employee Hormone Health Partnership backed by Science&Humans.

OUR MISSION VIDEO

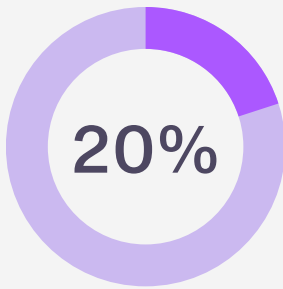


WATCH HERE

EYE OPENING STATISTICS

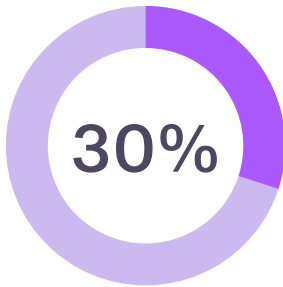
Every HR, Wellness, and DEI Leader Should Know

Productivity



Decrease in productivity in employees with untreated hormone imbalances

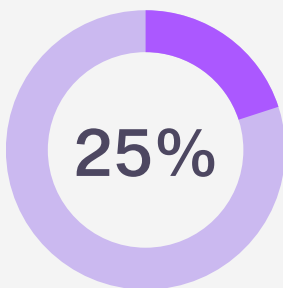
Journal of Occupational and Environmental Medicine



Increase in productivity after companies implemented effective hormone health programs

Integrated Benefits Institute

Absenteeism



Reduction in absenteeism for companies with hormone health initiatives

Journal of Managed Care

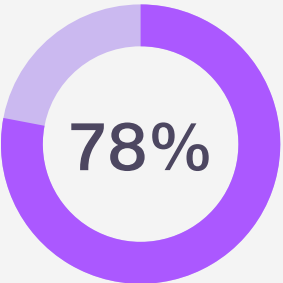


Additional sick days taken per year compared to those with balanced hormones

Journal of Occupational Medicine

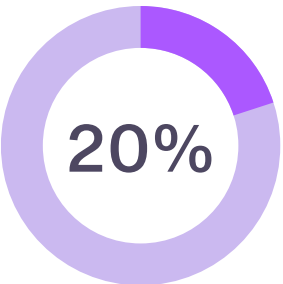
EYE OPENING STATISTICS

Employee Well-Being



Of employees stated that hormone health programs positively impacted their overall well-being

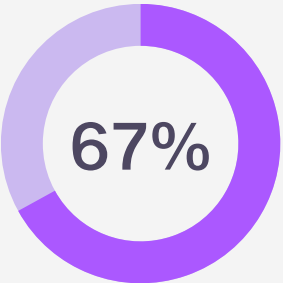
International Foundation of Employee Benefit Plans



Lower risk of experiencing workplace stress and burnout when hormones are balanced

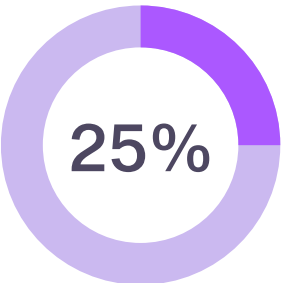
Journal of Applied Psychology

Retention and Recruitment



Of job seekers consider access to hormone health programs as an essential factor when choosing an employee

Mercer



Increase in employee retention for companies offering comprehensive hormone health programs


The Employee Benefit Research

With the rising prevalence of hormonal imbalances and the **need** for personalized care, we are helping workforces **improve productivity, reduce absenteeism, retain top talent and enhance employee well-being offerings.**



As a company that values your employees, you recognize the **importance** of comprehensive employee care, which **includes hormone health support.**

We transform lives through scientifically-proven testing, treatments, clinical services, and devices that help manage hormone imbalances.

		TRADITIONAL HEALTHCARE	EMPLOYEE VIRTUAL CARE
All clinicians are trained in hormone health	✓	✗	✗
Clinical protocol designed by interdisciplinary team of endocrinologists, NP's and functional medicine experts	✓	✗	✗
Testing for 20+ bio-markers of hormone health	✓	✗	✗
Virtual consultations	✓	✗	✓
Follow-ups and precise adjustments	✓	✓	✗
Treatments delivered; no pick-up required	✓	✗	✗
Employees will receive an exclusive 25% discount off all testing and consults	✓	✗	✗
Customized employee hormone health education and awareness webinar	✓	✗	✗
HR support in policy and advocacy for equitable care (ie, menopause, men's health etc)	✓	✗	✗

PARTNERSHIP BENEFITS FOR EMPLOYERS

We complement your current employee health offerings while filling the gap for hormone health support.



Employees receive a discount of 25% off testing and consults
Example: Consults will be \$150 when normally \$200
There is no cost to employers to add us as a partner in health



Hormonal Health Toolkit for HR and DEI Leaders
(focusing on peri-menopause, menopause, women's health, and men's health) to help make meaningful changes in your workforce



Partners will receive a Science&Humans Accredited Women's Health Employer Logo to display showcasing that your organization is a trailblazer for Women's Health



An Employee Hormone Health Partnership with Science&Humans can be implemented alongside other company-sponsored DEI initiatives (ie, women's health is key in providing equitable offerings)



Our offering can complement existing employee benefits programs, such as HSA or Flex Spending Accounts, which can be used for our services, thereby enhancing your overall well-being benefits

Employee Wellness is Good for Business



Partner with us to provide your valued employees:
hormone education, testing
virtual consultations, tailored
treatment plans
and convenient monitoring tools
that are easy to access.

Employees can experience a comprehensive care offering with our seamless, timely, and expert end-to-end hormone health platform.



Ready to change lives?

[BOOK A CALL](#)

3 STEPS TO ACTION FOR EMPLOYERS

Step 1: Announce Employee Health Partnership with Science&Humans

How? It is easy and seamless to get started to onboard us as a corporate wellness partner! There is no cost to employers as employees can use the existing benefits/coverage you already offer. We will send you cohesive, digestible collateral to announce the partnership to your employees. Following that, employees can access care from our team should they wish to start learning more about their hormone health.

Why? When corporations announce new partnerships and take time to explain the importance of the offering, employees are grateful and feel empowered to take a step forward to change their health.

Step 2: Encourage Education, Awareness and Empathy

How? Host a free education session presented by our Hormone Health Experts on topics such as menopause, women's health, addressing hormonal imbalances for reproductive ages or men's health/andropause etc. We bring a holistic view to wellness incorporating sleep, stress, diet, gut health and movement as key factors. These live webinars are 1 hour and available virtually or on-site.

Why? Without awareness of the signs and symptoms of hormonal imbalances in the body, employees will suffer in silence for years or decades unaware that there are options available to support them.

Step 3: Implement Small Changes In The Workplace

How? We can help advise on adjustments you can make in the workplace today to have more Hormonally Happy and Menopause Friendly policies and spaces. We believe even the smallest positive changes can have the biggest impacts on employee well-being!

Why? So that every employee can thrive in a comfortable and empathetic environment that is educated on signs and symptoms, supports all life stages and addresses stigmas in the workplace.

PARTNER WITH US!

Research consistently highlights the negative impact of untreated hormone imbalances on productivity and absenteeism rates. Addressing the root cause of these imbalances leads to increased productivity, reduced absenteeism, and higher levels of job satisfaction.

Partnering with Science&Humans offers a strategic opportunity to address the rising prevalence of hormone imbalances and improve employee well-being.

Our team of Hormone Health experts looks forward to supporting your employees!



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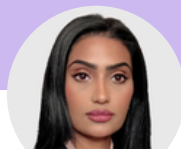
Lisa Rotz
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Donna McLean
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Jessica Saucy
Nurse Practitioner



Priya Sebastian
Nurse Practitioner



Stephanie Tobiasz
Nurse Practitioner



Vanina Walsh
Nurse Practitioner

Unlock the power of a healthier, more productive workforce with Science&Humans.

The premier virtual platform for personalized hormone health care.

Schedule A Call

<https://www.scienceandhumans.com/partnership>

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